

CALENDAR OF SERVICES AND EVENTS WINTER 2014

COMMUNITY HEALTH SERVICES

Allied Health Assistant	Monday, Tuesdays, Wednesdays and Thursdays (am) at Omeo District Health
Chronic Disease Management	Monday, Wednesday and Thursday at Omeo District Health
Diabetes Educator	1 st Tuesday of the Month at Omeo District Health
District Nursing	Tuesday and Friday at Omeo District Health
Health Promotion Worker	Monday, Tuesday, Wednesday and Thursday at Omeo District Health
Home and Community Care	Monday, Tuesday, Wednesday, Thursday and Friday at Omeo District Health
Occupational Therapy	Monday, Tuesday, Wednesday and Thursday at Omeo District Health
Social Worker	Monday, Tuesday and Thursday at Omeo District Health Wednesdays 10am-4pm Swifts Creek Bush Nurse Centre
Youth Worker	Monday and Tuesday at Omeo District Health
Physiotherapist	Every Monday and Tuesday

VISITING SERVICES

Continence Nurse	For the Continence Advisory Service contact BRHS on 51520222.
Dietician	Nicole Creaser: 8 th August. Contact ODH reception for appointments.
Dental	Please phone ODH for appointment times. Next dates: AUGUST 11 th - 13 th Public/18 th -22 nd Private.
Foot Care (Just Toes)	19 th August and 21 st October at ODH, 16 th September Swifts Creek (am)& Ensay (pm)
Maternal & Child Health Nurse	Wednesday Fortnightly. Service Returning Mid-September. Dates to be confirmed.
Optometrist	Friday 1 st August, 5 th September, 3 rd October (Please phone Dyson and Long 51521668 for appointments).
Podiatrist	28 th August. Appointments made through ODH reception.
Speech Pathologist	Toni Seiler, Fortnightly, Wednesday & Thursday. Phone Reception for appointments Next Visit: 1 st & 2 nd , 15 th & 16 th , 29 th & 30 th OCTOBER

ACTIVITIES

Community Gym Omeo and Swifts Creek	Omeo: Available Every day. 6am-8pm. Swifts Creek Available: 6am-11am and 4-8pm Daily. (Not available between 11am-4pm).
Gym Classes	Classes available in Omeo and Swifts Creek Tuesdays and Wednesdays. See current gym class timetable for details (pg 4) or contact ODH on 51590100
Planned Activity Group (PAG)	Tuesdays. 11am start. Flexible venues and outings. Contact ODH for details 51590100.
Kindy Gym	Thursdays 10am-12pm. At Omeo Rec Reserve.
High Country Men's Shed	Wednesdays, 10am-3pm. Bilton St Omeo, Behind CFA and Ambulance Station Omeo

MEETINGS

Residents, Family and Friends	THURSDAYS 2pm-3pm at ODH. Next meeting: 28 th August and 23 rd October
SHINE	TUESDAYS 10.30am at ODH. Next meeting: 14 th October

COMMUNITY SERVICES

Occupational Therapist	Marijs Last	5159 0130	District Nurses	Chris Onslow/Christa Thompson	5159 0123
Youth Worker	Carla Hall	5159 0164	Home Care	Nola Boucher	5159 0112
Physiotherapist	Jill Hill	5159 0100	Footcare	Denise Watts	5159 0100
Speech Pathologist	Toni Seiler	5159 0100	Dietitian	Nicole Creaser	5159 0100
Social Worker	Bill Newcomen	5159 0136	Maternal & Child Health	Caroline Paten	0428 699 566
Health Promotion	Lou-anne Mooney	5159 0131	Podiatrist	Steve Learhinan	5159 0100
Chronic Disease Management	Annie Kissane	5159 0100	Allied Health Assistant	Emma Anthony	5159 0100
Diabetes Educator	Anne O'Brien	5159 0100			
Swifts Creek Bush Nursing Centre	Sue Carroll	5159 4210	Ensay Bush Nursing Centre	Therese Burke/Carolyn Phillips	5157 3215
Community Centre Swifts Creek	Murray Kibble	5159 4477	Benambra Neighbourhood House	Kate Faithfull/Rosemary Fitzgerald	5159 9208